



2013 HAWAII UNIVERSITY INTERNATIONAL CONFERENCES  
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# RAISING DRAWING SELF EFFICACY BELIEFS OF NON ARTISTS: CONQUERING THE “I CAN’T DRAW” DILEMMA

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## **Workshop Proposal**

**2013 Hawaii University International Conference on Arts, Humanities and Social Sciences**

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Ala Moana Hotel, Honolulu, | Honolulu, HI 96815

### **Raising Drawing Self-Efficacy Beliefs of Non Artists: Conquering the “I Can’t Draw” Dilemma**

Art Education; Education; Psychology

Fear of poor artistic performance begins early in our lives and leads to the belief that we are not artists if we cannot draw well. This workshop demonstrates how individuals with diminished drawing self-efficacy (the “I Can’t Draw” Dilemma”) can learn to draw successful compositions. Participants will follow simple drawing processes that raise self-efficacy, are rooted in theory, and reflect best practices for secondary and higher education.

Workshop

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Fear of poor artistic performance begins early in our lives and leads to the belief that we are not artists if we cannot draw well. This paper/workshop explores one of the main tenets of the social learning theory: what we believe about our ability to perform a task is more powerful than our ability to perform the task. The research engaged students of a university art course for non-art majors in a theoretical drawing approach. Students successfully engaged in mastery experiences that progressed from simple to complex and led to their success in drawing performances. Detailed methodology that reflects best practices for secondary and higher education is presented.