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# CASE STUDY ON THE DEVELOPMENT OF PRACTICAL METHODS FOR EASING TENSION THAT REQUIRE AS LITTLE SPEAKING AS POSSIBLE

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**Case Study on the Development of Practical Methods  
for Easing Tension that Require as Little Speaking  
as Possible**

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## Abstract

The purpose of this study is to investigate the development of practical methods for easing tension (“ice-breakers”) that require as little speaking as possible. Ice-breakers are methods for easing the tension when people meet for the first time. This study discusses the development of ice-breakers that can be used with as little speaking as possible, enabling them to be used when the two parties speak different languages.